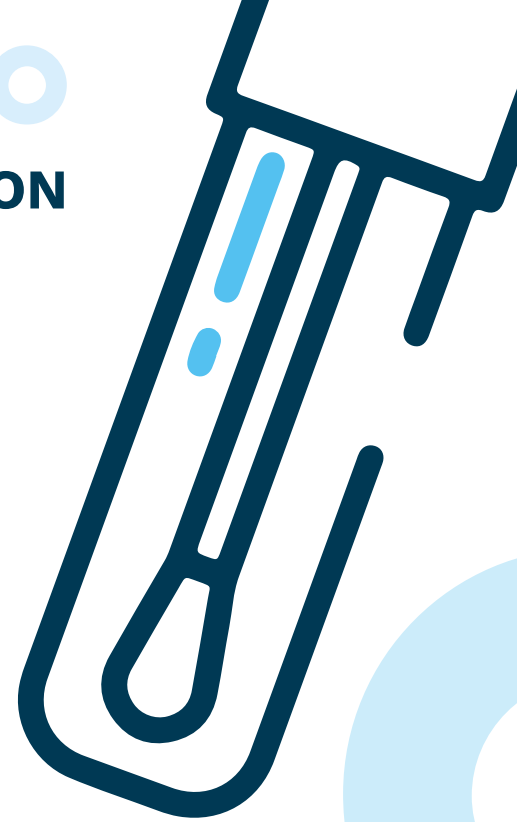


BUCCAL SWAB COLLECTION INSTRUCTIONS



Do not eat anything for about an hour before the sampling, **do not drink (except water), chew or perform oral hygiene, nor should the infant be breastfed for at least half an hour before sampling.**



Wash your hands thoroughly with soap, or disinfectant.



Carefully open the tube by twisting the cap. Then pull the cotton swab part out of the packaging. Hold the swab only by the end part - the lid.



Using repeated downward and upward movements (about 10 times), wipe the surface of the inner sides of both cheeks (in the oral cavity), circling the stick to cover the entire surface with the wipe. If saliva forms in your mouth, swallow (wiping away saliva with a swab is not desirable). Close the collection set.



Write your name on the tube with a permanent marker. Place the sample in a resealable bag and then in the enclosed return envelope along with your carefully completed paperwork. Return the package to our GHC Genetics address as soon as possible. Postage is at our expense.

If your samples are delivered without the necessary documentation, they cannot be processed. Please keep your samples at room temperature before shipping. Do not put them in the refrigerator under any circumstances.